



# BETH KESSLER

Facilitator & Coach

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Like many nurse leaders, Beth has spent years at the patient bedside before moving into a leadership role. It was during these years of leadership that she honed her skills, embraced new tools, and cultivated a passion for improving the overall patient experience. Beth's teams always excelled because they built their explicit care practice together, united in their consistent delivery of that care, and held each other accountable, daily. Beth's employees all believe that patient safety is important and also understand that empowered teams make great patient advocates.

Beth understands many of the challenges facing today's healthcare leaders. She has spent years coaching and leading teams who have achieved award winning clinical outcomes and patient satisfaction. She guides her teams by utilizing evidenced-based practices and teaches strategies to keep the momentum and outcomes going. She has shared her success strategies at numerous nursing conferences throughout the country, including the annual Magnet® conference, Academy of Medical Surgical Nurses, Maine Nursing Summit and Shared Governance at the University of Pennsylvania Health System.

Beth has published articles on shared governance, hourly rounding, professional advancement and accountability.

She worked as a nurse for Sacred Heart Hospital, PA for 5 years, an Nurse Leader for the Lehigh Valley Health Network, PA for 7 years before relocating to Augusta, Maine in 2012 where she now serves as an outpatient Nursing Manager at Maine General Medical Center. Beth received her Bachelors of Science in Nursing from the University of Kutztown, PA and is currently certified in Medical Surgical Nursing.

Beth has been working with Integrated Loyalty Systems on assessments and as a coach for nearly a decade. She worked with ILS both at Sacred Heart Hospital and at Lehigh Valley as an ambassador of the ILS concepts and tools. And from there, Beth has worked with ILS at a number of organizations, including Martin Health, UCSF Benioff Children's Oakland, Henry Community Health, and many others.

Beth enjoys spending time at the beach and boating with her husband and four adult children.

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#### FACEBOOK

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